NOVEMBER 2022

MILTON SPRINGERS RECREATIONAL NEWSLETTER



IMPORTANT DATES

November 11th Remembrance Day

November 16th

Winter Pre-Registration at 9:00am (For Current Members)

November 18th

Winter Open Registration at 9:00am (For Public)

November 25th PA Day Camp 8:30-4:00

FEELING UNWELL?

Please help us keep Milton Springers a healthy place. If you are feeling unwell for any reason or displaying symptoms of Covid-19, we ask you to please stay home. Athletes showing signs of illness during their Gymnastics class, may be asked to leave early to prevent further spread to coaches and other athletes.

AGED 13-14? WANT TO COACH ONE DAY?

Reach out to aislinnmartin@miltonspringers.ca to inquire about our Pre-CIT Leadership Course.

IMPORTANT INFORMATION

2023 Winter Session Registration and Schedule

Winter Session Registration opens to current members on Wednesday, November 16th at 9am

Click <u>HERE</u> to view the schedule or visit our website.

Please note - We are still recovering from the Covid-19 pandemic and are working with a much smaller staff team. This means our class schedule may run with reduced classes available. We ask for your patience as we manage demand.

Winter Camp Registration is OPEN

Join us during our Winter Camp Program! With a mix of Gymnastics, games, crafts and other activities, our Winter Camp runs 8:30am-4:00pm. Cost is \$65.00/day. Spaces fill up fast, don't miss out!

> December 28th/29th 2022 January 3rd/4th/5th 2023

Inclement Weather Policy

If local schools are closed due to weather, daytime programming will automatically be cancelled. Should evening or weekend programs be cancelled, every effort will be made to contact families as well as update our website and social media.

Unfortunately, we do not offer "make-up" classes for weather related closures.

Please visit our website for more information at <u>https://www.miltonspringers.ca/pages/About/Policies/</u>

Check us out on social media!

For regular posts on what's happening in the gym, fun pictures and other important updates

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- @miltonspringers
 - Milton Springers Gymnastics Club
 - miltonspringers.ca

Theme Week Spotlight



November 22 to November 28



Adult



Are you over the age of 18? Interested in trying Gymnastics? Enjoy a semi-structured class?

> Our Adult Class has no pre-requisites, and is suitable for all abilities!

Register Online NOW \$25.00/class Thursdays 8pm-9pm